

PINGST VÄSTERÅS & CORONA – in english

The leadership of our church decided on March 12, 2020 to continue with Sunday services and other activities. This applies until new information is provided. We take the spread of the corona virus very seriously and therefore follow the recommendations of the government but do not feel that we need to go beyond what the authorities require.

The government's decision of March 11, 2020 to ban public gatherings with over 500 people was made on the recommendation of the Public Health Authority. The Public Health Authorities press release states: "The purpose of the proposal is to prevent occasions when a large number of people come from different parts of the country, and perhaps also from the outside world, and gather in one and the same place. This applies, for example, to major sporting events, big concerts, fairs and conferences. "

We perceive the purpose of the decision as wanting to limit large collections to which many travel more than that local community gatherings would be the big problem. In an interview in today's VLT, Västmanland's infection protection physician Jan Smedjegård says that it has become very unusual for someone to be infected, for example, by sitting with an infected person on a bus. Of course, we closely monitor the development of events and follow the authorities' decisions.

We take precautions

1. We will provide information in connection with the worship services on attitudes.
2. Our hosts do not greet you and we urge all worship service visitors to relinquish hand greetings and hugs.
3. We are relinquishing church coffee right now.
4. No personal intercession with the laying on of hands takes place.
5. We urge anyone who shows symptoms, is sick, or who has been in areas with a lot of contamination to refrain from visiting the church.
6. We urge people in risk groups to be careful. Do not hesitate to contact us for support.
7. We count the number of visitors at the entrance and respect the government decision with a good margin.

Recommended personal approach

1. We urge you to obtain information from government agencies and follow the instructions given there. The Public Health Authority provides information, also available at www.1177.se
2. If you have any symptoms yourself, follow the instructions given when you call 1177.
3. If you have visited areas with extensive infection, you are encouraged to stay home from church two weeks after returning home and of course pay attention to your own symptoms such as cough, difficulty breathing or fever. The corona virus incubation period is 2-14 days according to the World Health Organization, WHO.

General tips on things you can do yourself to prevent the spread of infections according to [1177.se](https://www.1177.se)

1. Wash your hands frequently and thoroughly with soap and water. You can use hand spirit if you do not have access to soap and water.
2. Stay home and rest if you have a fever or feel sick.
3. Cough or sneeze in the arm fold.
4. Use disposable paper handkerchiefs if you need to blow your nose.
5. Keep some distance to others and avoid physical contact. This is especially true if you need to cough or sneeze.
6. Avoid touching your face or eyes.

We will live broadcast our Sunday services from March 15. Make sure you subscribe to our Youtube channel to be online, also follow us on Instagram and Facebook. Our denomination Pingst has more recommendations concerning Corona, you can read these [here](#), and there you can also take part in a prayer. It is likely that we will live with the effects of the Coronavirus for a long time and therefore we will not make any hasty decisions. Make your own choice if you want to come to worship, let's pray in the midst of all this, live in peace and take good care of each other.